

2006 MIAC Men's Outdoor Track & Field Championships

Host St. Thomas swept the men's and women's MIAC Outdoor Track & Field Championships for the fifth time in seven seasons. The two-day competition ended Saturday night at UST's O'Shaughnessy Stadium.

The Tommie men won 11 of 22 events and scored 203 points for a 42-point win. They claimed the school's 21st team crown in 24 seasons. Coach Steve Mathre's team received points from 20 different athletes, and UST scored in 16 of 22 events.

Tommie freshman James Ewer won three events -- the 100 (10.85), 200 (21.87) and long jump (22-7 3-4).

St. John's (161.3) and Gustavus (102.3) rounded out the top three.

The UST women scored 190 to cruise past runner-up Gustavus (115) and third-place Concordia (86). It was UST's 22nd team crown in the 25-year history of the women's event. Coach Joe Sweeney's team scored in 19 of 22 events with points from 20 different athletes. The Tommies had no victories in the 100 through 10,000 meters on the track but had 13 top-two finishes.

Tommie senior Molly Bauman had a hand in four firsts as she swept the 100 and 400 hurdles and also ran on the winning 4x100 and 4x400 relays, and also took third in the 100 meters. Kristal Grigsby won Friday's long jump for the third year in a row, and UST had a 1-2-3 sweep of Friday's hammer with Carol Comp, Michelle Binn and Shannon Kane. Other runner-up finishes came from Shara Guidry in the discus; Katie Theisen in the 400 hurdles; Anne Iddins in a school-record time in the steeplechase; Jenny Olin in the 10,000; and Grigsby in the high jump.

Three women's meet records fell -- Kourtney Joyce of Gustavus broke her own steeplechase record in 10:52.87; Gustavus' Lisa Brown threw 136-11 to win the javelin; and Concordia's Angie Pfeiffer won the 400 in 56.26.

Senior All-Americans Tonnisha Bell of Augsburg (100, 200 dashes) and Keidra Anderson of Hamline (5,000 and 10,000) each won two track races. Bell had swept those events in 2005. Other repeat winners were Grigsby (long jump), Bauman (400 hurdles), Anderson (5,000) and Joyce (steeplechase).

The Tommie men received 1-2 finishes in the high jump, 100, 200 and 800 meters, and also got Saturday wins in the 400 meters, discus, triple jump and 400 hurdles and Friday's wins in the 4x800, long jump and pole vault. UST survived disqualifications in the 4x100 and 4x400 relays that likely cost it 16-18 points.

UST also got big points as Mike Draxton and freshman Jonah Shermer went 1-2 in the high jump. Senior J.J. Kirby won the 400 meters; junior Derek Marks won the discus; and freshman Brian Sames won the 800 meters to go with his 4x800 relay win. Junior P.J. Theisen won the 400 hurdles and triple jump and took second in the 110 hurdles. Freshman Matt Boumeester ran on the winning 4x800 relay and took second in the 1,500.

Other St. Thomas second-place finishes came from Joe Hoovestol in the 800, freshman Joe DeFrance in the 100, Peter Rosholt in the hammer, and freshman Pat Jager in the 200.

Repeat champions on the men's side were Marks (discus), Pete Cathcart of St. Olaf (shot put) and Gustavus' Tanner Miest (110 hurdles).

